The Student Health Service of Washington University Medical Campus provides both on and off campus psychological counseling services, offering you many options. Your wellness and privacy is always our goal.

For your convenience and privacy the Student Health Service Counseling Service has a separate office space located on the first floor of our building. Dr. Allyson Bass, Licensed Staff Psychiatrist, Dr. April Allen, Licensed Staff Psychologist, Dr. Kenton Wertman, Licensed Staff Psychologist, and Dr. Gladys Smith, Sexual Violence Prevention Therapist and Licensed Psychologist are available by appointment only. The Student Health Counseling Service is located at 4525 Scott Ave, 1st floor, Suite 1154, call for an appointment is (314) 362-2404.

A student does not need to see the Director or one of the physicians at the Student Health Service for a referral to see a Psychologist or Counselor. An interaction with a Student Health Service physician or mental health provider is necessary before seeing a Psychiatrist for evaluation and/or triage for efficiency in obtaining an appointment.

Student Health Service makes every effort to ensure the student's privacy. Records regarding psychiatric or psychological care are kept separate from the student's regular medical chart. A student’s provider is the only individual with access to these records.

The initial assessment session is provided free of charge. For subsequent visits, a student pays a $10.00 co-payment directly to their provider. Research demonstrates that some financial contribution increases a student’s investment in counseling. Students are charged $40.00 for appointments missed without proper notice.

Students are encouraged to make an appointment with one of the physicians at Student Health or talk to one of the nurses if they are having difficulty making an appointment or not pleased with the evaluation and/or treatment. Psychological concerns maybe treated with counseling, medication alone, or both in combinations. Primary care physicians at Student Health are comfortable evaluating the appropriateness of medication.

In addition, Student Health Service has partnered with ENI, a Balance Works benefit, Student Assistance Program (SAP) for all enrolled students and their immediate family members. This service is provided to enable students to obtain the best possible education and assist with issues that may have an impact upon your personal live and your school performance.

Students are also encouraged to seek the support of peer groups such as Student Support Services and the Student Advisory Committee. These groups seek to provide an avenue by which students can learn to balance their own needs in the midst of their graduate training.

A detailed description of these benefits can be found on the Student Health Service web-site: http://wusmhealthservices.wustl.edu.

WASHINGTON UNIVERSITY STUDENT HEALTH PSYCHOLOGICAL SERVICES

Student Health Counseling Service  (314) 362-2404
Due to COVID therapists are currently working remote. Best to email the providers for an appointment

Dr. April Allen – Staff Psychologist  EMAIL: reupkeag@wustl.edu
Dr. Kenton Wertman – Staff Psychologist  EMAIL: k.wertman@wustl.edu
Dr. Gladys Smith – Sexual Violence Prevention Therapist and Licensed Psychologist  EMAIL: smithgladysa@wustl.edu
**PSYCHOLOGIST OR COUNSELOR OFF-CAMPUS**

Dr. Gregory Goldman  
7110 Oakland, Suite 105  
Richmond Heights, MO 63117  
PHONE: (314) 884-8075

Dr. Sharon Lightfoot  
4231 Laclede Ave  
St. Louis, MO 63108  
PHONE: (314) 289-9981

Dr. Raymond Scott  
4231 Laclede Ave  
St. Louis, MO 63108  
PHONE: (314) 561-2958

Dr. Tom Wagner  
8000 Bonhomme, Suite 321  
St. Louis, MO 63105  
PHONE: (314) 503-8080

Joy Onukogu,  
Licensed Professional Counselor  
Telehealth – Only  
PHONE: (314) 745-5178

Kenneth McCain,  
Licensed Professional Counselor  
4390 Lindell Blvd,  
St. Louis MO 63108  
PHONE: (314) 956-0547

Alicia Cunningham,  
Licensed Professional Counselor  
8420 Delmar Ave, Suite 300  
St. Louis MO 63124  
PHONE: (314) 301-9994

April Adams,  
Licensed Professional Counselor  
Telehealth – Only  
PHONE: (314) 931-6015

Raymond Poon,  
Licensed Professional Counselor  
ckp668@yahoo.com  
PHONE: (314) 537-6652

Sherie Kaplan, MSW  
130 S. Bemiston Ave, Suite 704  
St. Louis MO  
PHONE: (314) 367-7470

Jeffrey Piper, MSW  
130 S. Bemiston Ave, Suite 506  
St. Louis MO  
PHONE: (314) 361-5983

Ebony Hutchinson, MSW  
3751 Penridge Dr, Suite 119  
Bridgeton, MO 63044  
PHONE: (314) 443-7776

Huey Hawkins, MSW  
7700 Clayton Rd, Suite 201  
Richmond Heights, MO 63117  
PHONE: (314) 882-6840

Amanda Umlah, MSW  
1034 S. Brentwood, Suite 555  
St. Louis, MO 63117  
PHONE: (314) 266-6952

Ebonee Lyle, MSW, LCSW  
4625 Lindell Blvd, Suite 200  
St. Louis, MO 63108  
PHONE: (314) 306-5900

Ingrid Smith MSW, LCSW  
2480 Executive Dr, Suite 111  
St. Charles, MO 63303  
PHONE: (314) 782-8884

Aya Kawasaki, LCSW  
225 S. Meramac Ave, Suite 203  
Clayton, MO 63105  
PHONE: (314) 445-5678

**STUDENT ASSISTANCE PROGRAM**

Balance Works SAP Service  
Free ● Confidential ● 24/7  
800 – 327 – 2255 Option 3  
www.nexgeneap.com

*By referral only:*