Joy Onukogu is the Owner /Therapist of Ngozi Counseling LLC. Joy provides individual, couples, and group counseling services virtually. She is licensed in the State of Missouri as a Licensed Professional Counselor. Joy is also a trained Prenatal and Postpartum Doula and received her training at Jamaa Birth Village in Ferguson. She provides doula services through her business called Ngozi Doula. Joy has a certification in Perinatal Mental Health from Heartland PMAD Consultants. She is passionate about working with black pregnant women and moms, as well as youth. Her educational background includes a master’s degree in Marriage and Family Counseling from Webster University, and a bachelor’s degree in Psychology with a minor in Social Work from Southeast Missouri State University.

Joy’s work experience includes individual, family, couples, and group counseling at local agencies and clinics, within a private practice setting, and within school-based settings working with preschool through 12th-grade youth. She has worked with parents, teens, young adults, and adults. Her clinical interests and specializations include family issues, depression, anxiety, postpartum depression and anxiety, anger management, grief and loss, self-harm, suicidal thoughts, crisis intervention, physical and sexual abuse, trauma, and working with adolescents.