



Kenneth J. McCain, LPC

As a practicing clinician, Mr. McCain specializes in court directed treatment and care, the treatment of aggressive behavior, and thoughts of self-harm for more than 10 years in Missouri and Illinois. He focuses on Men's Health Issues, Women's Health Issues, Relationship Issues, Adjustment Disorders, Anxiety and Depression. Kenneth has published works in this area such as: *Aggression as a Social Instinct* (2005) and *An Aggressive Nature: Overview of the Frustration Aggression Hypothesis* (2006).

As an administrator, Kenneth routinely advises his clients on health care systems, strategies, and community practices. In the spring of 2014 was awarded the Mid-Western Region Health Administrator of the Year award for his work in the City of St. Louis. He currently manages a team of healthcare professionals dedicated to patient education and the promotion of healthy lifestyles.

A champion for young clinicians, Kenneth has devoted his time to working with students and young therapist throughout his career. Kenneth developed his practice under the direction of Dr. Frazana Siddiqui in St. Louis, Missouri and received his degrees from Northwest Missouri State and Webster University in St. Louis.

Please contact Kenneth at: (314) 956-0547.  
Kenneth.McCain@KMGroup-StL.com